



# BEAUTY

MENU



# FACIAL TREATMENTS



## DELICATE CARESS

Time: **45 min** Price: **€60**

A treatment designed for sensitive skin. After a gentle cleansing and a scrub, a soothing aloe mask nourishes deeply. A scalp massage and a final nourishing cream provide an absolute sense of comfort.

## DETOX PURIFYING

Time: **45 min** Price: **€60**

A regenerating ritual for fresh, luminous skin. Cleansing with Nitrodi thermal water prepares the skin, followed by a gentle scrub and a purifying mask with extracts of Propolis and Burdock. A relaxing massage and Aloe gel complete the treatment, providing hydration and relief.

## ESSENCE DRAINING

Time: **50 min** Price: **€70**

Perfect for those who want a toned and revitalized face. Cleansing and scrub begin the treatment, followed by a toning mud. The Dien Chan draining massage stimulates circulation, followed by a tightening serum and moisturizing cream for flawless results.

## ANTI-AGE REGENERATING

Time: **50 min** Price: **€80**

An exclusive ritual to counteract the signs of aging. Colloidal Gold and Silver, Hyaluronic Acid, and Snail Slime work together to nourish and firm the face, neck, and décolleté, accompanied by a massage and Heli Maila Cream.

## BEAUTY REFLECTION

Time: **70 min** Price: **€120**

A targeted treatment for the eyes, combining cleansing, a colloidal gold mask, orbital massage, and camel milk-based cream to reduce puffiness. Includes a face, neck, and décolleté massage and Aurum anti-age cream to counteract the signs of aging and leave the skin more youthful and toned.

# BODY TREATMENTS

## HAND HARMONY

Time: **40 min** Price: **€50**

Scrub, manicure, and massage nourish and regenerate the skin of the hands, providing softness and a pleasant feeling of well-being.

## BEAUTY WALK - FEET

Time: **50 min** Price: **€60** / Time: **60 min** Price: **€80**

Scrub, pedicure, and relaxing massage for perfect, light feet.

## EXFOLIATE & RENEW – BODY SCRUB

Time: **50 min** Price: **€60** / Time: **60 min** Price: **€80**

A delicate and regenerating treatment that purifies and smooths the skin of the body and face. A well-being experience that renews the epidermis, hydrating it and providing a feeling of freshness and tonicity.

# MASSAGES



## RELAXING FACIAL MASSAGE

Time: **30 min** Price: **€45**

Perfect for reducing signs of fatigue and improving skin tone.

## DIEN CHAN FACIAL MASSAGE

Time: **30 min** Price: **€50**

A facial reflexology technique that stimulates specific points to relieve tension, stress, and digestive disorders.

## DECONTRACTING BACK & NECK MASSAGE

Time: **35 min** Price: **€60**

Relieves muscle tension, alleviates pain, and provides immediate relief.

## RELAX MASSAGE

Time: **45 min** Price: **€60** / Time: **60 min** Price: **€80**

A total relaxation journey. Slow and harmonious movements dissolve tensions, promoting physical and mental well-being.

## EMOLYMPHATIC MASSAGE

Time: **50 min** Price: **€70**

Stimulates lymphatic drainage, improves circulation, and detoxifies the body.

## CANDLE MASSAGE

Time: **50 min** Price: **€75**

A highly relaxing massage. The wax, gently melting on the body, offers a deep, regenerating, and enveloping multisensory experience, stimulating the senses and promoting complete muscular and mental relaxation.

## LOMI LOMI HAWAIIAN MASSAGE

Time: **50 min** Price: **€80**

An ancient Hawaiian technique that harmonizes body and mind through large, rhythmic movements.

## HOT STONE MASSAGE

Time: **50 min** Price: **€85**

The heat from volcanic stones and fluid movements regenerate the body, providing a deep sense of calm.

## PINDA SWEDA AYURVEDIC MASSAGE

Time: **50 min** Price: **€90**

A massage with warm pouches of pink salt, ideal for eliminating toxins and rebalancing energy.

# EXCLUSIVE RITUALS

## INCENSIVM RITUAL

Time: **60 min** Price: **€100**

Radiant, velvety skin thanks to the combination of a relaxing massage and Incensivm cream, which has recognized regenerating properties due to the presence of incense and aloe, providing 24-hour hydration.

## OASIS FOR LEGS

Time: **90 min** Price: **€110**

Dedicated to the well-being of the legs, with a scrub of red fruits, revitalizing mud, and emolymphatic massage.

## ELIXIR OF REGENERATION

Time: **90 min** Price: **€120**

A unique treatment that combines the benefits of multiple massage techniques to relax, stimulate, and regenerate the body and mind in one treatment.

## WELLNESS MOMENTS

Time: **120 min** Price: **€150**

A complete journey with a body scrub, "Delicate Caress" facial treatment, and relaxing massage.

## POGGIO ANTICO

Time: **120 min** Price: **€190**

An exclusive ritual with the "Beauty Reflection" facial treatment, Pinda Sweda massage, enriched with aromatic herbs from our garden.

## USEFUL INFORMATION

- Bookings: At the reception, by phone at +39 081 986123, or via WhatsApp.
- Hours: From 11:00 AM to 7:00 PM.
- Recommendations: Book at least 12 hours in advance.
- Cancellations: With at least 6 hours' notice.

The Nitrodi product line used during the treatments is available for purchase. For more information, we invite you to speak with our operator, Claudia. For further details, you can visit the website <https://www.ischiaspaeh.it/>.



