

## Facial Treatments

### Delicate Caress

**Time:** 45 minutes | **Price:** €60

A treatment designed for sensitive skin. After a gentle cleansing and a scrub, a soothing aloe mask nourishes deeply. A scalp massage and a final nourishing cream provide an absolute sense of comfort.

### Detox Purifying

**Time:** 45 minutes | **Price:** €60

A regenerating ritual for fresh, luminous skin. Cleansing with Nitrodi thermal water prepares the skin, followed by a gentle scrub and a purifying mask with extracts of Propolis and Burdock. A relaxing massage and Aloe gel complete the treatment, providing hydration and relief.

### Essence Draining

**Time:** 50 minutes | **Price:** €70

Perfect for those who want a toned and revitalized face. Cleansing and scrub begin the treatment, followed by a toning mud. The Dien Chan draining massage stimulates circulation, followed by a tightening serum and moisturizing cream for flawless results.

### Anti-Age Regenerating

**Time:** 50 minutes | **Price:** €80

An exclusive ritual to counteract the signs of aging. Colloidal Gold and Silver, Hyaluronic Acid, and Snail Slime work together to nourish and firm the face, neck, and décolleté, accompanied by a massage and Heli Maila Cream.

### Beauty Reflection

**Time:** 70 minutes | **Price:** €120

A targeted treatment for the eyes, combining cleansing, a colloidal gold mask, orbital massage, and camel milk-based cream to reduce puffiness. Includes a face, neck, and décolleté massage and Aurum anti-age cream to counteract the signs of aging and leave the skin more youthful and toned.

## Body Treatments

### Hand Harmony

**Time:** 40 minutes | **Price:** €50

Scrub, manicure, and massage nourish and regenerate the skin of the hands, providing softness and a pleasant feeling of well-being.

### Beauty Walk - Feet

**Time:** 50 minutes | **Price:** €60

Scrub, pedicure, and relaxing massage for perfect, light feet.

### Exfoliate & Renew – Body Scrub

**Time:** 30' €50 | 60' €80

A delicate and regenerating treatment that purifies and smooths the skin of the body and face. A well-being experience that renews the epidermis, hydrating it and providing a feeling of freshness and tonicity.

## Massages

### Relaxing Facial Massage

**Time:** 30 minutes | **Price:** €45

Perfect for reducing signs of fatigue and improving skin tone.

### Dien Chan Facial Massage

**Time:** 30 minutes | **Price:** €50

A facial reflexology technique that stimulates specific points to relieve tension, stress, and digestive disorders.

### Decontracting Back & Neck Massage

**Time:** 35 minutes | **Price:** €60

Relieves muscle tension, alleviates pain, and provides immediate relief.

### Relax Massage

**Time:** 45 minutes (€60) | **60 minutes** (€80)

A total relaxation journey. Slow and harmonious movements dissolve tensions, promoting physical and mental well-being.

### Emolymphatic Massage

**Time:** 50 minutes | **Price:** €70

Stimulates lymphatic drainage, improves circulation, and detoxifies the body.

### Candle Massage

**Time:** 50 minutes | **Price:** €75

A highly relaxing massage. The wax, gently melting on the body, offers a deep, regenerating, and enveloping multisensory experience, stimulating the senses and promoting complete muscular and mental relaxation.

### Lomi Lomi Hawaiian Massage

**Time:** 50 minutes | **Price:** €80

An ancient Hawaiian technique that harmonizes body and mind through large, rhythmic movements.

### Hot Stone Massage

**Time:** 50 minutes | **Price:** €85

The heat from volcanic stones and fluid movements regenerate the body, providing a deep sense of calm.

### Pinda Sweda Ayurvedic Massage

**Time:** 50 minutes | **Price:** €90

A massage with warm pouches of pink salt, ideal for eliminating toxins and rebalancing energy.

## Exclusive Rituals

### Incensium Ritual

**Time:** 60 minutes | **Price:** €100

Radiant, velvety skin thanks to the combination of a relaxing massage and Incensium cream, which has recognized regenerating properties due to the presence of incense and aloe, providing 24-hour hydration.

### Oasis for Legs

**Time:** 90 minutes | **Price:** €110

Dedicated to the well-being of the legs, with a scrub of red fruits, revitalizing mud, and emolymphatic massage.

### Elixir of Regeneration

**Time:** 90 minutes | **Price:** €120

A unique treatment that combines the benefits of multiple massage techniques to relax, stimulate, and regenerate the body and mind in one treatment.

### Wellness Moments

**Time:** 120 minutes | **Price:** €150

A complete journey with a body scrub, "Delicate Caress" facial treatment, and relaxing massage.

### Poggio Antico

**Time:** 120 minutes | **Price:** €190

An exclusive ritual with the "Beauty Reflection" facial treatment, Pinda Sweda massage, enriched with aromatic herbs from our garden.

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## Useful Information

**It is required to make a reservation at least 12 hours in advance.**

- **Booking:** Available at the reception or by contacting the number +39 081 986123.
- **Availability hours:** From 11:00 AM to 7:00 PM.
- **Cancellations:** Reservations can be canceled with at least 6 hours' notice.

The Nitrodi product line used during the treatments is available for purchase. For more information, we invite you to speak with our operator, Claudia. For further details, you can visit the website <https://www.ischiaspae.it/>.